

## Activities That Involve The Water

Millions of people around the world use oceans, pools, and lakes for all sorts of recreational activities. There are many activities that are fun for individuals and families. Because of the wide range of options, water activities are a pastime that shows no signs of declining in the future.

The following is a list of the water activities enjoyed by many throughout the world:

**Swimming:** Whether it is a pool, lake, or ocean, swimming is a past time enjoyed by many people.

**Water Polo:** This water sport consists of two teams and a ball. It is often described as a combination of swimming, football (soccer), basketball, and wrestling. A team consists of six field players and one goalie. The purpose of the game is to score as many goals as possible.

**Snorkeling:** This activity consists of swimming at the surface of the water and using a mask and a small tube called a snorkel.

**Water Aerobics:** This form of aerobics is performed in the water.

**Water Slide:** Fun for all ages, a water slide is a slide with water flowing down it.

**Scuba Diving:** consists of is swimming under water using a (self contained) breathing apparatus and scuba mask.

**Underwater Photography:** This activity involves taking pictures under water. There are many contests involved with Underwater Photography.

**Boating:** This is the use of boats on the water. This can include rowboats, motor boats, canoes, kayaks, sailboats, luxury cruise ships, fishing boats, yachts, speed boats, hydroplane racing etc.

**Fishing:** This recreational or business activity involves catching fish.

**Kite Surfing:** This sport involves traveling on water using a kite for propulsion.

**Water Skiing:** This water sport involves using skis to glide over the water while being pulled by a motor boat.

**Wakeboarding:** This sport is much like water skiing, but involves using only one board attached to the feet.

**Wakeskating:** This activity is much like wakeboarding, but the board is not attached to the feet

**Windsurfing:** This involves traveling on a board that uses wind to propel sails.

**Synchronized swimming:** This involves a combination of swimming, gymnastics, and ballet.

**Free-Diving:** The goal of this activity is to dive as deep as you can without using a breathing apparatus.

**Bodyboarding:** This sport is similar to surfing, but the board is smaller and the person lies down on the board.

**Dragon Boat Racing:** This sport involves teams paddling on water, using painted boats which are attached to decorative dragon heads and tails. The length of the race can be 500 meters and the normal crew number is 22, including 20 paddlers, 1 steer person and 1 drummer.

**Fin swimming:** This is swimming with fins

**Water Aerobics:** This exercise is aerobics in the water

**Water Tubing:** This fun pastime involves sitting in a water tube and being pulled by a motor boat.

**Rafting:** This involves traveling on a raft down a river.

White Water Rafting: This type of rafting involves traveling in a boat like a kayak through rough river waters.

Jet Ski: A jet ski is a mechanical device used to travel on the water.

Because there are so many activities that involve the use of water, there is usually an activity for everyone to enjoy.

### About the Author

A great way to thoroughly enjoy all these activities is by browsing through [Blue Mountain accommodations](#) for the right rooms. For less of an outdoor-feeling, you might want to consider [Blue Mountain condo rentals](#).

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