

Kayaking For People With Disabilities

Gone are the days when people that are physically challenged are absolutely helpless. These days, society and the physically handicapped communities have found means to make incapacitated individuals become more independent and responsible. They can even venture into sports without any problem. People like to overcome challenges, and it is great to note that the challenge of physical disability is now a thing of the past.

Among the favorite recreation today for handicapped people is kayaking. There are dedicated individuals that have revolutionized the sport to make them available even for people with physical challenges. Mark Theobald is one of these so called individuals.

To his peers, Mark is known as the kayak inventor/extraordinaire. He has made kayaking possible and accessible to people who used to think they wouldn't have a chance to be able to enjoy paddling the waters with his innovative ways and incredible dedication. Mark's revolutionary paddles and backrest adaptations has made his concepts a favorite among organizations with disability programs.

Handicapped individuals who are into adventure sports have much to thank Mark for. One disabled adventurer who cant walk said that it is a great sport for him as paddling can replace walking and he is free to explore unique environments and overcome challenges independently.

These days, more and more quadriplegics are getting the chance to be able to paddle a kayak as Mark is continually working with them to engineer designs that would enable them to operate a kayak independently. One female college student in particular thought that there was no more chance for her but they were able to do the unexpected. Like many people who has CP, her movements are strictly limited.

Among the people who has tested Mark's design is a quadriplegic who has severe restrictions in using his hands. The revolutionized paddles made it very easy for him to command the rig and he gave the concept a rave review. To this day he has been working with Mark continuously to improve the concepts, to enable even those with major disabilities to be able to enjoy the sport.

There are people like Mark Theobald who have tirelessly devoted their talents and efforts to enable individuals with disabilities to live life to the fullest. Because of their genius, a sport like kayaking is no longer exclusive for people with no disabilities. A handicapped person can now have a chance to explore new environments and overcome what used to be insurmountable hurdles even on his own.

About the Author

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